

JANUARY BREAKFAST & LUNCH MENU

1 NO SCHOOL	2 NO SCHOOL	3 Zesty Tornado, Creamy Yogurt, Fruit Choice, Juice Choice, Milk Choice Crispy Tenderloin on WG Bun, Seasoned Potato Wedges, Fresh Baby Carrots, Sweet Orange Wedges, Fruit Choice , Milk Choice	4 Tasty Pancake Wrap w/Syrup, Fruit Choice, Juice Choice, Milk Choice Cheesy Pizza Bread, Crisp Romaine Salad, Fresh Banana, Fruit Choice , Milk Choice	5 Hot Breakfast Pizza, Fruit Choice, Juice Choice, Milk Choice Zesty Spaghetti w/Meat Sauce, Garden Spinach Salad, Tangy Grapefruit, WG Breadstick , Fruit Choice , Milk Choice
8 Zesty Tornado, Creamy Yogurt, Fruit Choice, Juice Choice, Milk Choice Crispy Chicken Fried Steak with Creamy Peppered Gravy, Creamy Mashed Potatoes, Crunchy Baby Carrots, Strawberries, Wheat Roll w/Jelly , Fruit Choice , Milk Choice	9 Tasty Pancake Wrap w/Syrup, Fruit Choice, Juice Choice, Milk Choice BBQ Pork on WG Bun, Ranch Sweet Potato Wedges, Seasoned Baked Beans, Juicy Pears, Fruit Choice , Milk Choice	10 Savory Egg Omelete, Zesty Sausage, Soft Biscuit, Fruit Choice, Juice Choice, Milk Choice Soft Shell Taco, Crisp Lettuce & Tomato, Refried Beans, Black Bean & Corn Salsa w/WG Tortilla Chips, Juicy Pears, Fruit Choice , Milk Choice	11 Warm Mini Cinnis, Fruit Choice, Juice Choice, Milk Choice Sweet Teriyaki Chicken, Vegetable Rice, Steamed Broccoli, Fortune Cookie, Sweet Mandarin Oranges, Fruit Choice , Milk Choice	12 Hot Breakfast Pizza, Fruit Choice, Juice Choice, Milk Choice WG Corn Dog, Fresh Garden Spinach Salad, Seasoned Green Beans, Crisp Apple Wedges, Fruit Choice , Milk Choice EARLY OUT
15 NO SCHOOL PD DAY	16 Zesty Tornado, Creamy Yogurt, Fruit Choice, Juice Choice, Milk Choice Fresh Turkey & Cheese Sub, Crisp Green Leaf Lettuce & Tomato, Crispy Oven Fries, Sweet Peaches, Sweet Sorbet, Graham Snacks , Fruit Choice , Milk Choice	17 Tasty Pancake Wrap w/Syrup, Fruit Choice, Juice Choice, Milk Choice Crispy Popcorn Chicken, Mashed Potatoes & Gravy, Fresh Broccoli, Wheat Roll w/Jelly , Strawberries w/Applesauce, Fruit Choice , Milk Choice	18 Warm Apple Frudel,, Fruit Choice, Juice Choice, Milk Choice Pepperoni Pizza, Crisp Romaine Salad, Fresh Banana, Fruit Choice , Milk Choice	19 Hot Breakfast Pizza, Fruit Choice, Juice Choice, Milk Choice Creamy Turkey & Noodles, Creamy Mashed Potatoes, Fresh Baby Carrots, Chocolate Muffin, Sweet Mixed Fruit, Fruit Choice , Milk Choice
22 Zesty Tornado, Creamy Yogurt, Fruit Choice, Juice Choice, Milk Choice Sausage Biscuits and Gravy, Crispy Tri Tator, Fresh Citrus Fruit Cup, Fruit Choice , Milk Choice	23 Tasty Pancake Wrap w/Syrup, Fruit Choice, Juice Choice, Milk Choice Zesty Spaghetti w/Meat Sauce, Garden Spinach Salad, Tangy Grapefruit, WG Breadstick , Fruit Choice , Milk Choice	24 Savory Egg Omelete, Zesty Sausage, Soft Biscuit, Fruit Choice, Juice Choice, Milk Choice Hot Ham & Cheese on WG Bun, Ranch Sweet Potato Wedges, Seasoned Baked Beans, Juicy Pears, Fruit Choice , Milk Choice	25 Warm Mini Cinnis, Fruit Choice, Juice Choice, Milk Choice Crunchy Walking Taco, Lettuce, Tomato & Salsa, Refried Beans, Sweet Cinnamon Puffs, Pineapple Tidbits, Fruit Choice , Milk Choice	26 Hot Breakfast Pizza, Fruit Choice, Juice Choice, Milk Choice Turkey BLT Wrap, Buttery Corn, Crisp Apples, Fruit Choice , Milk Choice
29 Zesty Tornado, Creamy Yogurt, Fruit Choice, Juice Choice, Milk Choice Chicken Strips, Crispy French Fries, Buttery Corn, Sweet Orange Wedges, Rice Crispy Bar, Fruit Choice , Milk Choice	30 Tasty Pancake Wrap w/Syrup, Fruit Choice, Juice Choice, Milk Choice Hamburger on WG Bun, Crisp Green Leaf Lettuce & Sliced Tomato, Ranch Sweet Potato Wedges, Sweet Applesauce, Fruit Choice , Milk Choice	31 Savory Egg Pattie, Zesty Sausage, Soft Biscuit, Fruit Choice, Juice Choice, Milk Choice Taco Soup, WG Corn Tortilla Chips, Fresh Baby Carrots, Sweet Pears, Snickerdoodles, Fruit Choice , Milk Choice	*Milk served daily *Menu subject to change *Students in Secondary building may chose juice in place of fruit choice	*6 – 12th Grade *9-12th Grade