

August/September Breakfast & Lunch Menu

<p>*Milk served daily *Menu subject to change *Students in Secondary building may chose juice in place of fruit choice</p>	<p>*6 – 12th Grade *9-12th Grade</p>	<p>23 Zesty Tornado, Creamy Yogurt, Fruit Choice, Juice Choice, Milk Choice Pepperoni Pizza, Crisp Romaine Salad, Fresh Banana, Fruit Choice, Milk Choice</p>	<p>24 Soft Bagels with Cream Cheese, Fruit Choice, Juice Choice, Milk Choice Crispy Tenderloin on WG Bun, Seasoned Potato Wedges, Fresh Baby Carrots, Sweet Orange Wedges, Fruit Choice, Milk Choice</p>	<p>25 Hot Breakfast Pizza, Fruit Choice, Juice Choice, Milk Choice Crispy Popcorn Chicken, Mashed Potatoes & Gravy, Fresh Broccoli, Wheat Roll w/Jelly, Strawberries w/Applesauce, Fruit Choice, Milk Choice</p>
<p>28 Zesty Tornado, Creamy Yogurt, Fruit Choice, Juice Choice, Milk Choice Hamburger on WG Bun, Crisp Green Leaf Lettuce & Sliced Tomato, Ranch Sweet Potato Wedges, Sweet Applesauce, Fruit Choice, Milk Choice</p>	<p>29 Tasty Pancake Wrap w/Syrup, Fruit Choice, Juice Choice, Milk Choice Crispy Chicken Fried Steak with Creamy Peppered Gravy, Creamy Mashed Potatoes, Crunchy Baby Carrots, Strawberries, Wheat Roll w/Jelly, Fruit Choice, Milk Choice</p>	<p>30 Savory Egg Pattie, Zesty Sausage, Soft Biscuit, Fruit Choice, Juice Choice, Milk Choice Zesty Spaghetti w/Meat Sauce, Garden Spinach Salad, Tanga Grapefruit, WG Breadstick, Fruit Choice, Milk Choice</p>	<p>31 Warm Mini Cinnis, Fruit Choice, Juice Choice, Milk Choice Crispy Chicken Patty on WG Bun, Seasoned French Fries, Baked Beans, Sweet Orange Wedges, Fruit Choice, Milk Choice</p>	<p>1 Hot Breakfast Pizza, Fruit Choice, Juice Choice, Milk Choice Creamy Turkey & Noodles, Creamy Mashed Potatoes, Fresh Baby Carrots, Chocolate Muffin, Sweet Mixed Fruit, Fruit Choice, Milk Choice</p>
<p>4 NO SCHOOL LABOR DAY</p>	<p>5 Zesty Tornado, Creamy Yogurt , Fruit Choice, Juice Choice, Milk Choice Sweet Tangerine Chicken, Vegetable Rice, Steamed California Blend, Tanga Peaches, Fortune Cookie, Fruit Choice, Milk Choice</p>	<p>6 Savory Egg Omelete, Zesty Sausage, Soft Biscuit, Fruit Choice, Juice Choice, Milk Choice Crunchy Walking Taco, Lettuce, Tomato & Salsa, Refried Beans, Sweet Cinnamon Puffs, Pineapple Tidbits, Fruit Choice, Milk Choice</p>	<p>7 Warm Apple Frudel., Fruit Choice, Juice Choice, Milk Choice Fresh Turkey & Cheese Sub, Crisp Green Leaf Lettuce & Tomato, Crispy Oven Fries, Sweet Peaches, Sweet Sorbet, Graham Snacks, Fruit Choice, Milk Choice</p>	<p>8 Hot Breakfast Pizza, Fruit Choice, Juice Choice, Milk Choice Zesty Chicken Fajitas, WG Corn Tortilla Chips & Black Bean Corn Salsa, Fresh Baby Carrots, Sweet Pears, Crispy Churros, Fruit Choice, Milk Choice</p>
<p>11 Zesty Tornado, Creamy Yogurt, Fruit Choice, Juice Choice, Milk Choice Sausage Biscuits and Gravy, Crispy Tri Tators, Mixed Citrus Fruit, Fruit Choice, Milk Choice</p>	<p>12 Tasty Pancake Wrap w/Syrup, Fruit Choice, Juice Choice, Milk Choice Soft Shell Taco, Crisp Lettuce & Tomato, Refried Beans, Black Bean & Corn Salsa w/WG Tortilla Chips, Juicy Pears, Fruit Choice, Milk Choice</p>	<p>13 Savory Egg Omelete, Zesty Sausage, Soft Biscuit, Fruit Choice, Juice Choice, Milk Choice Hot Ham & Cheese on WG Bun, Ranch Sweet Potato Wedges, Seasoned Baked Beans, Juicy Pears, Fruit Choice, Milk Choice</p>	<p>14 Warm Mini Cinnis, Fruit Choice, Juice Choice, Milk Choice WG Corn Dog, Fresh Garden Spinach Salad, Seasoned Green Beans, Crisp Apple Wedges, Fruit Choice, Milk Choice</p>	<p>15 Hot Breakfast Pizza, Fruit Choice, Juice Choice, Milk Choice Turkey BLT Wrap, Buttery Corn, Crisp Apples, Fruit Choice, Milk Choice</p>
<p>18 NO SCHOOL PD DAY</p>	<p>19 Zesty Tornado, Creamy Yogurt , Fruit Choice, Juice Choice, Milk Choice Cheesy Pizza, Crisp Romaine Salad, Fresh Banana, Fruit Choice, Milk Choice</p>	<p>20 Savory Egg Pattie, Zesty Sausage, Soft Biscuit, Fruit Choice, Juice Choice, Milk Choice Sweet Teriyaki Chicken, Vegetable Rice, Steamed Oriental Vegetables, Fortune Cookie, Sweet Mandarin Oranges, Fruit Choice, Milk Choice</p>	<p>21 Soft Bagels with Cream Cheese, Fruit Choice, Juice Choice, Milk Choice Crispy Tenderloin on WG Bun, Seasoned Potato Wedges, Fresh Baby Carrots, Sweet Orange Wedges, Fruit Choice, Milk Choice</p>	<p>22 Hot Breakfast Pizza, Fruit Choice, Juice Choice, Milk Choice Crunchy Nachos, Steamed Carrots, Refried Beans, Sweet Kiwi, Fruit Choice, Milk Choice</p>
<p>25 Zesty Tornado, Creamy Yogurt, Fruit Choice, Juice Choice, Milk Choice Crispy Popcorn Chicken, Mashed Potatoes & Gravy, Fresh Broccoli, Wheat Roll w/Jelly, Strawberries w/Applesauce, Fruit Choice, Milk Choice</p>	<p>26 Tasty Pancake Wrap w/Syrup, Fruit Choice, Juice Choice, Milk Choice BBQ Pork on WG Bun, Ranch Sweet Potato Wedges, Seasoned Baked Beans, Juicy Pears, Fruit Choice, Milk Choice</p>	<p>27 Savory Egg Omelete, Zesty Sausage, Soft Biscuit, Fruit Choice, Juice Choice, Milk Choice Zesty Chili, WG Corn Chips, Crisp Celery & Cucumbers, Sweet Cinnamon Puffs, Juicy Mandarin Oranges, Fruit Choice, Milk Choice</p>	<p>28 Warm Mini Cinnis, Fruit Choice, Juice Choice, Milk Choice Hot Dog on Bun, Ranch Potato Wedges, Steamed Broccoli & Cheese, Crisp Apple, Chocolate Chip Cookie, Fruit Choice, Milk Choice</p>	<p>29 Hot Breakfast Pizza, Fruit Choice, Juice Choice, Milk Choice Chicken Strips, Crispy French Fries, Buttery Corn, Sweet Orange Wedges, Rice Crispy Bar, Fruit Choice, Milk Choice</p>

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